

# ProstaSabal®

## **DOSAGE FORM AND STRUCTURE:**

*Active ingredients:* Sabal palm extract - 80 mg, Echinacea extract - 50 mg, Ginkgo biloba extract (including flavonol glycosides - at least 4 mg) - 20 mg; zinc - not less than 5 mg.

*Excipients:* microcrystalline cellulose (carrier), gelatin and titanium dioxide (capsule), amorphous silicon dioxide and calcium stearate (anti-caking agents).

**PHARMACOLOGICAL CLASSIFICATION:** Biologically active additive (BAA)

**ATC CODE:** BAA, not classified as a drug.

**PHARMACOLOGICAL ACTION:** Urological

## **PHARMACODYNAMICS:**

ProstaSabal® is a biologically active food supplement for normalizing the functional state of the prostate gland as well as for the prevention and complex treatment of prostatitis and urogenital diseases in men. It was developed from a dry extract of Sabal palm fruits with the addition of dry extracts of Ginkgo biloba leaves, purple coneflower and zinc macroelement.

*Sabal palm extract* - inhibits the activity of 5 $\alpha$ -reductase and aromatase enzymes, which contribute to the conversion of testosterone into dihydrotestosterone. It means that the substance eliminates the cause of prostatic hyperplasia. It has androgenic, antiedematous, anti-inflammatory and vasoprotective properties.

*Ginkgo biloba extract* - a source of flavonoids - has a regulatory effect on blood vessels: it's known to prevent arterial spasm; it invokes a distinct increase in blood flow in the arterial, capillary and venous channels. It helps to eliminate and prevent congestion in the veins of the pelvis and prostate which is the main cause of prostatitis.

*Purple echinacea extract* - has an antimicrobial and anti-inflammatory effect, it is a powerful stimulator of non-specific immunity. It makes the T-system of the immunity 20-30% stronger than traditional synthetic products of this group. It is recommended for stimulating the body's defenses against infectious and inflammatory diseases.

*Zinc* - plays an important role in the formation of the immunity and in maintaining the function of the male genital glands (increases the production of testosterone).

## **INTENDED USES:**

- Dysuric manifestations (feeling of incomplete emptying of the bladder, frequent urges to urinate, urine is excreted in a weak stream, etc.);
- Sexual dysfunctions;
- Sedentary lifestyle;
- Frequent use of alcohol;
- Males over 40 years old.

**CONTRAINDICATIONS:**

Individual intolerance to the food supplement components. It is recommended to consult a doctor prior to use.

The supplement is not used in children.

**DOSAGE AND ADMINISTRATION:**

For adults, 1 capsule per day with meals. The course of administration should last for at least 30 days. To enhance the effect of the product, adults are allowed to take 4 capsules per day. The course of administration should last for at least 30 days.

**PRECAUTION:**

Before use, it is recommended to consult a specialist.

**SIDE EFFECTS:**

Allergic reactions are possible.

**OVERDOSE:**

There have been no cases of an overdose in the medical practice.

**INTERACTION WITH OTHER DRUGS:**

Data on the results of combining with other drugs are not available. When including this product in a therapeutic regimen, you should consult your doctor and strictly adhere to the prescribed course of treatment.

**STORAGE CONDITIONS:** Store at a temperature not exceeding 25 ° C (77.0 ° F). Keep out of the reach of children.

**SHELF LIFE:**

3 years.

**MANUFACTURER:** Evalar, RUSSIA. [www.evalar.com](http://www.evalar.com)