

Keltican® Complex

INTERNATIONAL NON-PROPRIETARY NAME (INN): Keltican® Complex

DOSAGE FORM AND STRUCTURE:

Active ingredients: uridine monophosphate (in the form of sodium salt) - 50 mg; Vitamin B12 - 3 mcg; folic acid - 400 mcg. Content in 100 g of product: uridine monophosphate - 18.8 g; Vitamin B12 - 1,128 mcg; folic acid - 150 mg.

Excipients: MCC (core material); hydroxypropyl methylcellulose (capsule shell); magnesium stearate; silicon dioxide hydrate; red iron oxide.

DESCRIPTION: hard capsule, 205 mg. 40 capsules in a cardboard pack.

PHARMACOLOGICAL CLASSIFICATION:

Nosological classification (ICD-10):

- E53.8.0* Deficiency of Vitamin Bc
- E53.8.1* Deficiency of Vitamin B12
- E61.8 Deficiency of other specified nutrient elements

ATC CODE: Biologically active additive (BAA), not classified as a drug.

PHARMACOLOGICAL ACTION: BAA - vitamins, vitamin-like substances and coenzymes.

PHARMACODYNAMICS:

Our body has a large number of nerve fibers that make up the so-called peripheral nervous system. Unpleasant and painful sensations may develop if these nerves are afflicted, for example, after a compression, a pinch, or after a long-lasting metabolic disorder, such as diabetes mellitus. Damage to the peripheral nervous system can occur in various conditions and diseases which are accompanied by sore and unpleasant sensations (for example, spine diseases or neurodynia).

The human body is able to independently restore affected nerve fibers using its spare capacities. Of course, recovery process requires a fair amount of time. However, the supply of certain structural elements which are necessary for the restoration of nerve fibers, from the outside can be of considerable aid.

Keltican® complex contains a biogenic element uridine monophosphate, Vitamin B12 and folic acid. These ingredients stimulate the body's own regenerative processes. Uridine monophosphate is particularly important for accelerating the recovery of damaged nerves, while folic acid and Vitamin B12 are used to maintain neural metabolism.

It has been clinically proven that the need for pyrimidine nucleotides, such as uridine monophosphate, increases in case of peripheral nerves disorders. Therefore, its supply into the body from the outside is of great importance for the nerve regeneration and recovery processes. As a result of its metabolism, the restoration of important components of the cell membranes of neurons, as well as the supply of a sufficient number of enzymes to damaged neurons are ensured.

Folic acid and Vitamin B12 are important in maintaining neuronal metabolism (protein biosynthesis, myelination processes), as well as in preventing or reducing the severity of microangiopathies.

Keltican® complex being a food supplement is a reliable and high-quality product containing important components necessary for the restoration of damaged nerve tissues. Due to this fact, Keltican® complex contributes to faster restoration of well-being and health.

INTENDED USES:

It is recommended as a dietary supplement - an additional source of Vitamin B12 and folic acid containing sodium salt of uridine monophosphate.

Keltican® complex helps to restore damaged nerve fibers in case of spine diseases and peripheral nerves conditions.

CONTRAINDICATIONS:

- Individual intolerance to any component;
- Pregnancy;
- Breastfeeding;
- Child age.

It is recommended to consult a doctor prior to use.

DOSAGE AND ADMINISTRATION:

Per os, during meals.

Adults - 1 capsule per day. The duration of the treatment is 20 days. If necessary, the treatment can be repeated. If there are difficulties with the administration (for example, difficulty in swallowing), the capsule can be opened, and the mini-granules extracted from it can be swallowed in parts. 1 capsule contains 3 mcg of Vitamin B12 (300%* RDA**) and 400 mcg of folic acid (200%* RDA**).

* Does not exceed the upper acceptance limit.

** RDA - recommended dietary allowance.

PRECAUTION:

Keltican® complex does not contain gluten or lactose, as well as preservatives or substances of animal origin.

People with diabetes can also take Keltican® Complex.

Cellulose, which is used for the production of Keltican® capsules, has no animal origin; therefore, it can be taken by people who adhere to a vegetarian and vegan lifestyle.

SIDE EFFECTS:

No side effects when using the food supplement have been registered.

OVERDOSE:

The supplement has low toxicity, so an overdose is unlikely.

INTERACTION WITH OTHER DRUGS:

No restrictions.

PREGNANCY AND LACTATION:

Contraindicated.

INFLUENCE ON THE ABILITY TO DRIVE VEHICLES AND OPERATE MECHANISMS:

The supplement does not affect the speed of reaction while driving or performing technically difficult work.

STORAGE CONDITIONS:

Store in a dry place, at a temperature not exceeding 25°C. Keep out of the reach of children.

SHELF LIFE:

3 years. Do not use beyond the expiration date.

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